

# DAILY DRILLS



# ALTO SAX



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# Saxophone Fingering Chart

**Palm Keys & C#**

**G<sub>b</sub>/F<sub>#</sub>** **F** **E** **E<sub>b</sub>/D<sub>#</sub>** **D** **D/C<sub>#</sub>**

**Left-Hand Notes**

**C** **B** **B/A<sub>#</sub>** **A** **A/G<sub>#</sub>** **G**

**Right-Hand Notes**

**G<sub>b</sub>/F<sub>#</sub>** **F** **E** **E<sub>b</sub>/D<sub>#</sub>** **D**

**Pinky Notes**

**D/C<sub>#</sub>** **C** **B** **B/A<sub>#</sub>**

\*When there are two notes, add the Octave Key for the upper note.

Add Octave Key  
 No Octave Key

† Only some models have this F# key.  
 ‡ Press both keys with the 1st finger.

**C** **D** **E** **F** **G** **A** **B**

Correlates with  
**NINGENIUS MUSIC**  
**STEPWISE FLASHCARDS**  
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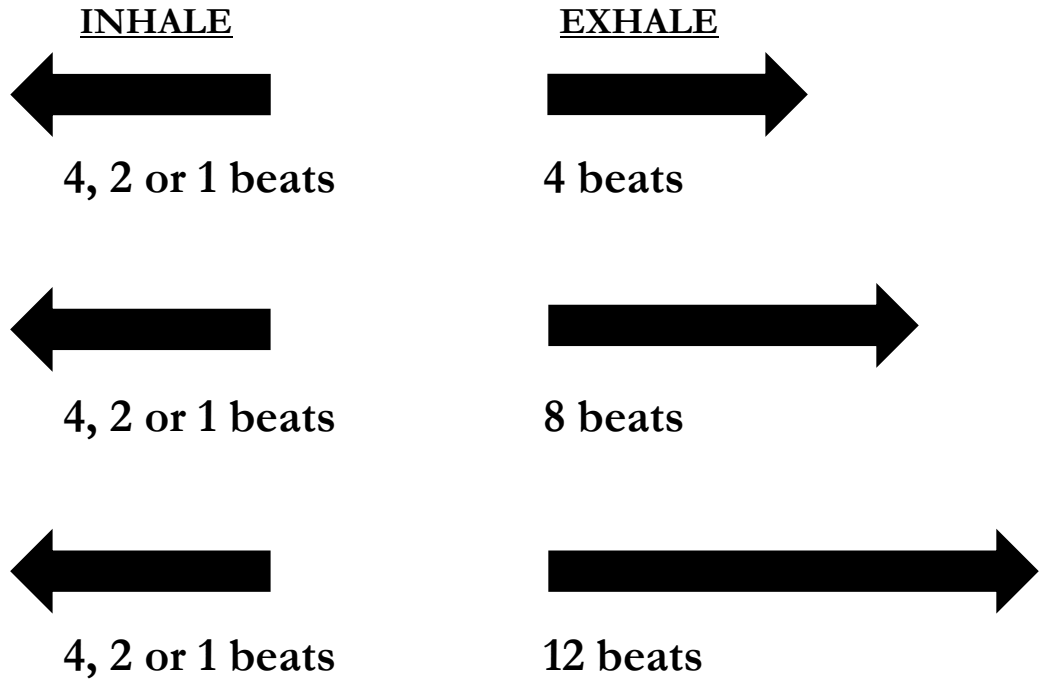
**Pinky Keys**

**G<sub>#</sub>**  
**B** **C<sub>#</sub>**  
**B<sub>b</sub>**  
**C**

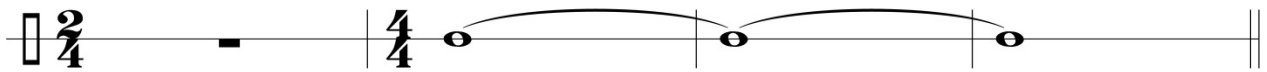
# Breathing Exercises

1. Sit tall

2. Arm extended – arm movement is a visual for the air flowing into and out of your body.



## Sustain



# Instrumental Tuning

FLUTE/OBOE

SAXES

TRUMPET/EUPHONIUM T.C.

TROMBONE/EUPHONIUM/BASSOON

## Concert F Around the Room:

- Group 1 - ALL
- Group 2 - Tuba, Contra Alto Cl., Bass Cl. and Bari Sax
- Group 3 - Trombone, Euphonium, Tenor Sax, Bassoon
- Group 4 - Trumpet
- Group 5 - Alto Sax, Horn
- Group 6 - Clarinet
- Group 7 - Flute and Oboe
- Group 8 - Percussion
- Group 9 - ALL

WINDS

PERCUSSION

Alto Sax  
Bari Sax

# Long Tone Exercises

## Sustained

Musical notation for Sustained exercises, measures 1-24. The exercises are written in 4/4 time on a treble clef staff. Measures 1-8: 1 (quarter note), 2 (quarter note), 3 (rest), 4 (quarter note with sharp), 5 (quarter note), 6 (rest), 7 (quarter note), 8 (quarter note). Measures 9-17: 9 (rest), 10 (quarter note), 11 (quarter note), 12 (rest), 13 (quarter note), 14 (quarter note), 15 (rest), 16 (quarter note), 17 (quarter note). Measures 18-24: 18 (rest), 19 (quarter note with sharp), 20 (quarter note), 21 (rest), 22 (quarter note), 23 (quarter note), 24 (rest).

## Descending

Musical notation for Descending exercises, measures 1-14. The exercises are written in 4/4 time on a treble clef staff. Measures 1-8: 1 (quarter note), 2 (quarter note with sharp), 3 (quarter note), 4 (quarter note), 5 (quarter note), 6 (quarter note), 7 (quarter note), 8 (quarter note). Measures 9-14: 9 (quarter note), 10 (quarter note), 11 (quarter note), 12 (quarter note with sharp), 13 (quarter note), 14 (quarter note).

## Ascending

Musical notation for Ascending exercises, measures 1-14. The exercises are written in 4/4 time on a treble clef staff. Measures 1-8: 1 (quarter note), 2 (quarter note with flat), 3 (quarter note), 4 (quarter note), 5 (quarter note), 6 (quarter note), 7 (quarter note), 8 (quarter note with sharp). Measures 9-14: 9 (quarter note), 10 (quarter note), 11 (quarter note), 12 (quarter note with sharp), 13 (quarter note), 14 (quarter note).

# E♭ Instruments Long Tone Exercises

♩ = 80

1                      Extension 2                      3                      4                      5                      6

7                      8                      9                      10                      11                      12

13                      14                      15                      16                      17                      18

19                      20                      21                      22                      23                      24

25                      26                      27                      28                      29                      30

31                      32                      33                      34                      35                      36

37                      38                      39                      40                      41                      42

43                      44                      45                      46                      47                      48

# Flow Studies

Alto and Baritone Saxophone

Vincent Cichowicz

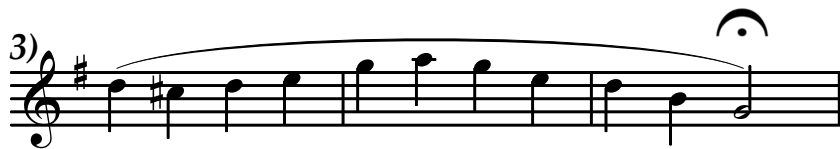
1)



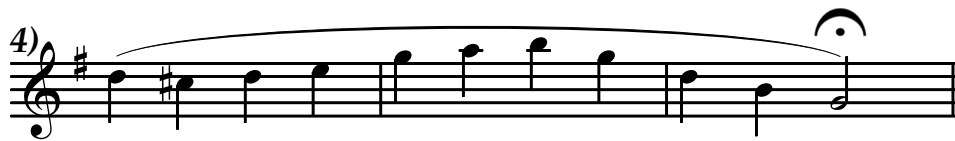
2)



3)



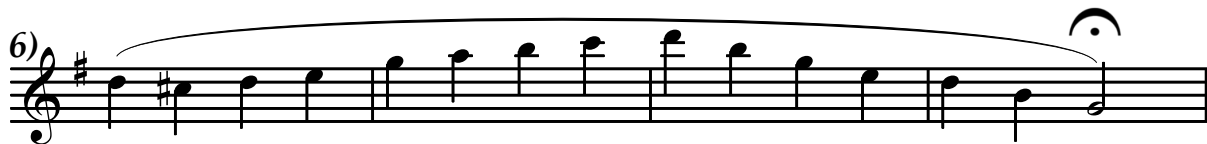
4)



5)



6)



7)



8)





# Lip Flexibility

Alto Sax.

1

1 2 3 4 5 6 7

Staff 1: Treble clef, common time. Measures 1-7. Measure 1: quarter notes G4, A4, B4, C5. Measure 2: quarter rest, quarter note B4, quarter note A4, quarter note G4. Measure 3: quarter note F#4, quarter note E4, quarter note D4, quarter note C4. Measure 4: quarter note B3, quarter note A3, quarter note G3, quarter note F3. Measure 5: quarter note E3, quarter note D3, quarter note C3, quarter note B2. Measure 6: quarter note A2, quarter note G2, quarter note F2, quarter note E2. Measure 7: quarter note D2, quarter note C2, quarter note B1, quarter note A1.

8 9 10 11 12 13 14

Staff 1: Treble clef, common time. Measures 8-14. Measure 8: quarter note G4, quarter note A4, quarter note B4, quarter note C5. Measure 9: quarter note B4, quarter note A4, quarter note G4, quarter note F4. Measure 10: quarter note E4, quarter note D4, quarter note C4, quarter note B3. Measure 11: quarter note A3, quarter note G3, quarter note F3, quarter note E3. Measure 12: quarter note D3, quarter note C3, quarter note B2, quarter note A2. Measure 13: quarter note G2, quarter note F2, quarter note E2, quarter note D2. Measure 14: quarter note C2, quarter note B1, quarter note A1, quarter note G1.

2

1 2 3 4 5 6 7

Staff 2: Treble clef, common time. Measures 1-7. Measure 1: quarter note G4, quarter note A4, quarter note B4, quarter note C5. Measure 2: quarter note B4, quarter note A4, quarter note G4, quarter note F4. Measure 3: quarter note E4, quarter note D4, quarter note C4, quarter note B3. Measure 4: quarter note A3, quarter note G3, quarter note F3, quarter note E3. Measure 5: quarter note D3, quarter note C3, quarter note B2, quarter note A2. Measure 6: quarter note G2, quarter note F2, quarter note E2, quarter note D2. Measure 7: quarter note C2, quarter note B1, quarter note A1, quarter note G1.

8 9 10 11 12 13 14

Staff 2: Treble clef, common time. Measures 8-14. Measure 8: quarter note G4, quarter note A4, quarter note B4, quarter note C5. Measure 9: quarter note B4, quarter note A4, quarter note G4, quarter note F4. Measure 10: quarter note E4, quarter note D4, quarter note C4, quarter note B3. Measure 11: quarter note A3, quarter note G3, quarter note F3, quarter note E3. Measure 12: quarter note D3, quarter note C3, quarter note B2, quarter note A2. Measure 13: quarter note G2, quarter note F2, quarter note E2, quarter note D2. Measure 14: quarter note C2, quarter note B1, quarter note A1, quarter note G1.

3

1 2 3 4 5 6 7

Staff 3: Treble clef, common time. Measures 1-7. Measure 1: quarter notes G4, A4, B4, C5. Measure 2: quarter note B4, quarter note A4, quarter note G4, quarter note F4. Measure 3: quarter note E4, quarter note D4, quarter note C4, quarter note B3. Measure 4: quarter note A3, quarter note G3, quarter note F3, quarter note E3. Measure 5: quarter note D3, quarter note C3, quarter note B2, quarter note A2. Measure 6: quarter note G2, quarter note F2, quarter note E2, quarter note D2. Measure 7: quarter note C2, quarter note B1, quarter note A1, quarter note G1.

8 9 10 11 12 13 14

Staff 3: Treble clef, common time. Measures 8-14. Measure 8: quarter note G4, quarter note A4, quarter note B4, quarter note C5. Measure 9: quarter note B4, quarter note A4, quarter note G4, quarter note F4. Measure 10: quarter note E4, quarter note D4, quarter note C4, quarter note B3. Measure 11: quarter note A3, quarter note G3, quarter note F3, quarter note E3. Measure 12: quarter note D3, quarter note C3, quarter note B2, quarter note A2. Measure 13: quarter note G2, quarter note F2, quarter note E2, quarter note D2. Measure 14: quarter note C2, quarter note B1, quarter note A1, quarter note G1.

# Chromatic Scale

Alto/Bari Sax.

**A** ♩ = 80

1 2 3 4 5 6

**B**

7 8 9 10 11 12

**C**

1 2 3 4 5 6

7 8 9 10 11 12

**D**

1 2 3 4

5 6 7

# **SPACER**

# PAGE

## **Reminders:**

**Pencil on your stand**

**Sit tall while playing**

**Your feet are flat on the floor**

**Your stand is adjusted properly**



**[www.shotwellsharkband.com](http://www.shotwellsharkband.com)**

Alto Sax  
Bari Sax

# Rhythm Exercises

## SET 1

Set 1 consists of five measures in 4/4 time. The key signature has one sharp (F#). The exercise is written for two staves: B♭ 1 (Alto Sax) and E♭ 2 (Bari Sax). Both staves play a rhythmic pattern of eighth notes. Measure 1 starts with a first finger fingering (1) on the B♭ 1 staff. Measures 2, 3, and 4 continue the eighth-note pattern with different fingering techniques indicated by numbers 2, 3, and 4. Measure 5 concludes with a half note and a quarter note.

## SET 2

Set 2 consists of five measures in 4/4 time. The key signature has one sharp (F#). The exercise is written for two staves: B♭ 1 (Alto Sax) and E♭ 2 (Bari Sax). Both staves play a rhythmic pattern of eighth notes. Measure 1 starts with a first finger fingering (1) on the B♭ 1 staff. Measures 2, 3, and 4 continue the eighth-note pattern with different fingering techniques indicated by numbers 2, 3, and 4. Measure 5 concludes with a half note and a quarter note.

## SET 3

Set 3 consists of five measures in 4/4 time. The key signature has one sharp (F#). The exercise is written for two staves: B♭ 1 (Alto Sax) and E♭ 2 (Bari Sax). The B♭ 1 staff plays a pattern of dotted quarter notes, while the E♭ 2 staff plays eighth notes. Measure 1 starts with a first finger fingering (1) on the B♭ 1 staff. Measures 2, 3, and 4 continue the pattern with different fingering techniques indicated by numbers 2, 3, and 4. Measure 5 concludes with a half note and a quarter note.

## SET 4

Set 4 consists of five measures in 4/4 time. The key signature has one sharp (F#). The exercise is written for two staves: B♭ 1 (Alto Sax) and E♭ 2 (Bari Sax). The B♭ 1 staff plays a pattern of quarter notes, while the E♭ 2 staff plays eighth notes. Measure 1 starts with a first finger fingering (1) on the B♭ 1 staff. Measures 2, 3, and 4 continue the pattern with different fingering techniques indicated by numbers 2, 3, and 4. Measure 5 concludes with a half note and a quarter note.

## SET 5

B $\flat$  1

E $\flat$  2

## SET 6

B $\flat$  1

E $\flat$  2

## SET 7

B $\flat$  1

E $\flat$  2

## SET 8

B $\flat$  1

E $\flat$  2



# Benzer Articulation Series

1 Tenuto ("Doh")

2 3 4 5 6 7 8

9 10 11 12 13 14 15 16

17 Staccato ("Dih")

18 19 20 21 22 23 24

25 26 27 28 29 30 31 32

33 34 35 36 37 38

39 40 41 42 43 44

45 46 47 48 49 50

51 52 53 54 55 56

### Benzer Articulation Series

58 59 60 61 62

63 64 65 66 67 68

69 70 71 72 73 74

75 76 77 78 79 80

81 82 83 84

85 86 87 88

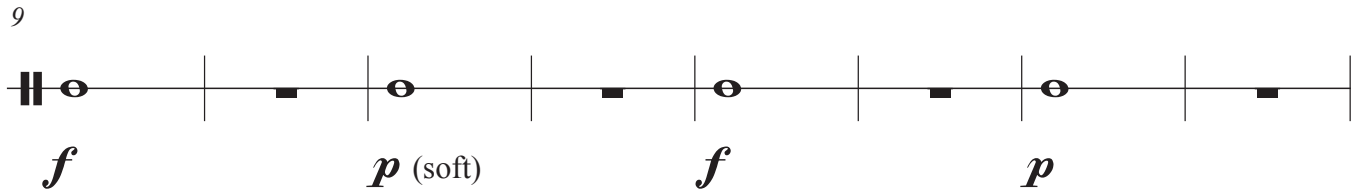
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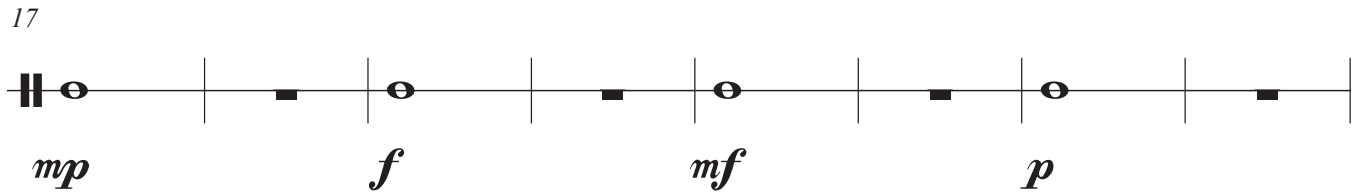
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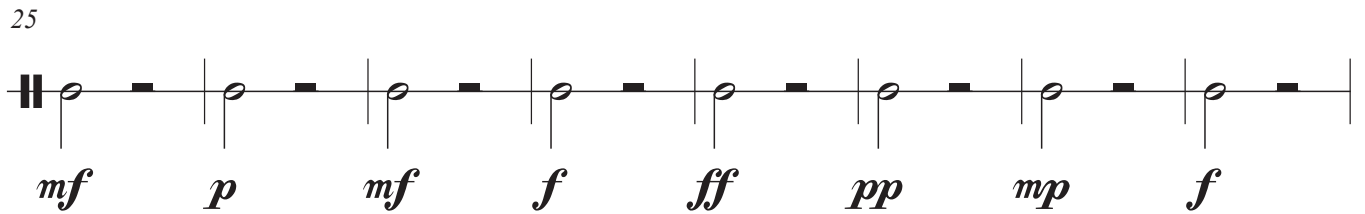


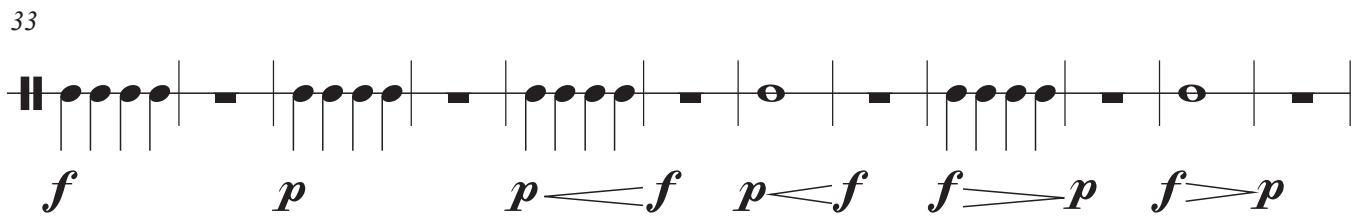
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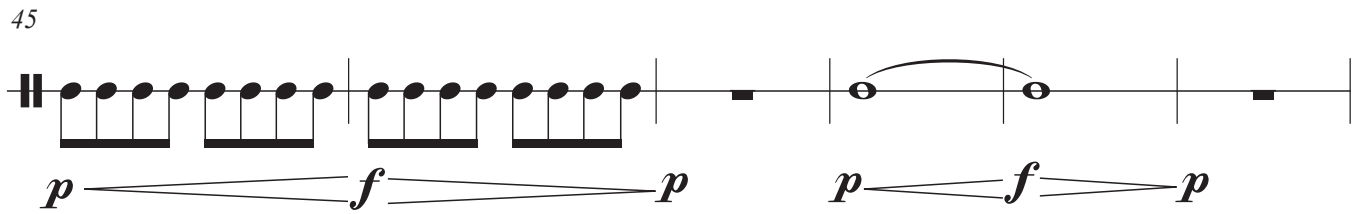
9   
*mf* (medium full)    *f* (full sound)    *mf*    *mp* (medium soft)

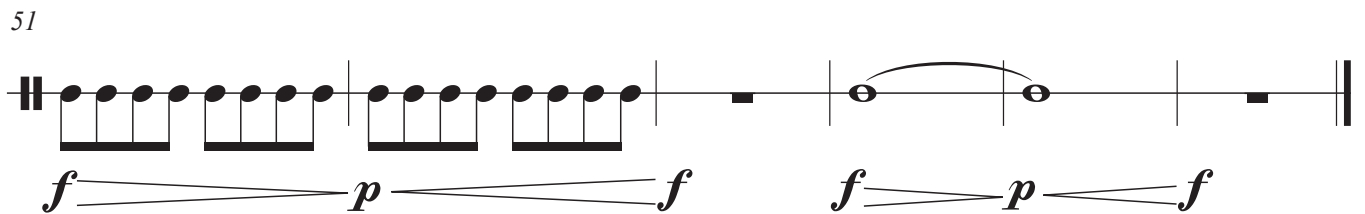
15   
*f*    *p* (soft)    *f*    *p*

21   
*mp*    *f*    *mf*    *p*

27   
*mf*    *p*    *mf*    *f*    *ff*    *pp*    *mp*    *f*

33   
*f*    *p*    *p* <-> *f*    *p* <-> *f*    *f* >-> *p*    *f* >-> *p*

41   
*p* <-> *f* >-> *p*    *p* <-> *f* >-> *p*

47   
*f* >-> *p* <-> *f*    *f* >-> *p* <-> *f*

# Rhythm Diagramming:

## A VISUAL Representation of Rhythms

- ABOVE each note/rest, draw the appropriate number of pulses:

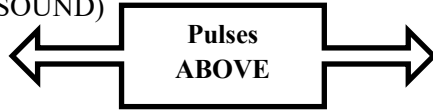
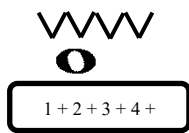
\ = downbeat ( $\frac{1}{2}$  a beat)

/ = upbeat ( $\frac{1}{2}$  a beat)

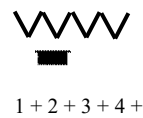
∨ = full beat (1 beat)

- BELOW each note/rest, write out the number of beats that symbol receives STARTING on its designated beat. ONLY the subdivisions for NOTES will be CIRCLED. "Circle SOUND not SILENCE."

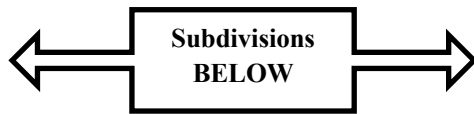
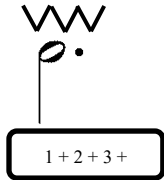
**Whole Note** (4 beats of SOUND)



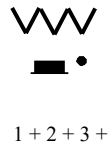
**Whole Rest** (4 beats of SILENCE)



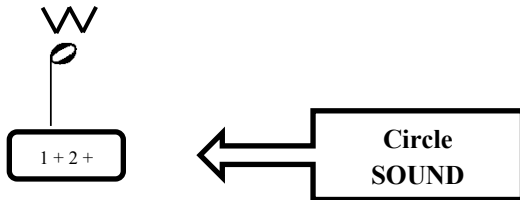
**Dotted Half Note** (3 beats of SOUND)



**Dotted Half Rest** (3 beats of SILENCE)



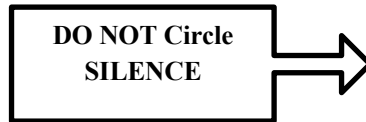
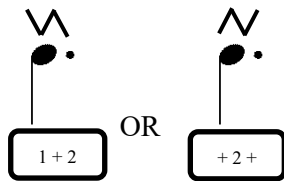
**Half Note** (2 beats of SOUND)



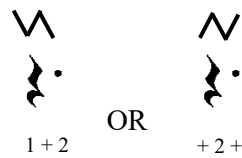
**Half Note** (2 beats of SILENCE)



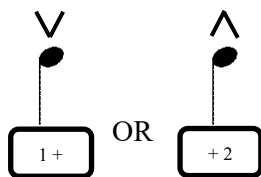
**Dotted Quarter Note** ( $\frac{1}{2}$  beats of SOUND)



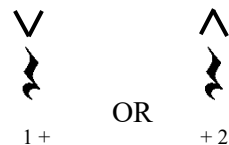
**Dotted Quarter Note** ( $\frac{1}{2}$  beats of SILENCE)



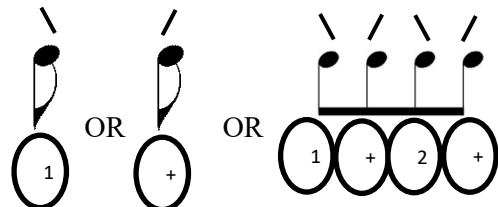
**Quarter Note** (1 beat of SOUND)



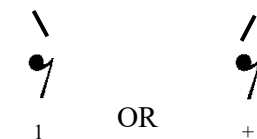
**Quarter Rest** (1 beat of SILENCE)



**Eighth Note** ( $\frac{1}{2}$  a beat of SOUND) Individual or Grouped



















**Eighth Rest** ( $\frac{1}{2}$  a beat of SILENCE)



# Note and Rest Values

## Based in Common Time

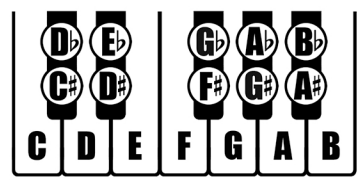
-  **whole note** - receives 4 beats of sound
-  **whole rest** - receives 4 beats of silence
-  **dotted half note** - receives 3 beats of sound
-  **dotted half rest** - receives 3 beats of silence
-  **half note** - receives 2 beats of sound
-  **half rest** - receives 2 beats of silence
-  **dotted quarter note** - receives 1 1/2 beats of sound
-  **dotted quarter rest** - receives 1 1/2 beats of silence
-  **quarter note** - receives 1 beat of sound
-  **quarter rest** - receives 1 beat of silence
-  **dotted eighth note** - receives 3/4 beat of sound
-  **dotted eighth rest** - receives 3/4 beat of silence
-  **eighth note** - receives 1/2 beat of sound
-  **eighth rest** - receives 1/2 beat of silence
-  **sixteenth note** - receives 1/4 beat of sound
-  **sixteenth rest** - receives 1/4 beat of silence

# Saxophone Fingering Chart

Palm Keys & C#	Left-Hand Notes	Right-Hand Notes	Pinky Notes
 <b>G<sub>b</sub>/F<sub>#</sub></b> 	 <b>C</b> 	 <b>G<sub>b</sub>/F<sub>#</sub></b> 	 <b>D<sub>b</sub>/C<sub>#</sub></b> 
 <b>F</b> 	 <b>B</b> 	 <b>F</b> 	 <b>C</b> 
 <b>E</b> 	 <b>B<sub>b</sub>/A<sub>#</sub></b> 	 <b>E</b> 	 <b>B</b> 
 <b>E<sub>b</sub>/D<sub>#</sub></b> 	 <b>A</b> 	 <b>E<sub>b</sub>/D<sub>#</sub></b> 	 <b>B<sub>b</sub>/A<sub>#</sub></b> 
 <b>D</b> 	 <b>A<sub>b</sub>/G<sub>#</sub></b> 	 <b>D</b> 	
 <b>D<sub>b</sub>/C<sub>#</sub></b> 	 <b>G</b> 		

\*When there are two notes, add the Octave Key for the upper note.

† Only some models have this F# key.  
 ‡ Press both keys with the 1st finger.



Correlates with  
**NINGENIUS MUSIC**  
**STEPWISE FLASHCARDS**  
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